



CERTIFICATE OF PARTICIPATION

This is to certify that

Herman Scheepers

Has successfully participated & completed the
42km The Spar Knysna Forest Marathon
held at Knysna.

TIME 05:15:13

PACE 07:30/km

GENDER 316 of 563

OVERALL 445 of 834

40+ 92 of 161

08 July 2023, Sat

Date



BoutTime

Signature

